

# Love & light



Summer 2014  
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## L&L How to obtain a reading

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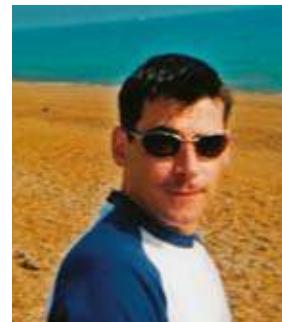
### L&L Reader Profiles



Paul is a down-to-earth 'sensitive' who has been living, breathing, studying, consulting with, and teaching Tarot for nearly 40 years. He usually describes himself as a Direct Clairsentient or as a Seer. He is also an experienced and published Astrologer and Clairvoyant. Paul is an authentic and straightforward person and expects the client to be the same. This is the best way to connect with his style of reading. Paul's reading style is incisive and direct, he will only ever convey what he senses – not what you might want to, or perhaps, expect to hear!

### Pay by Credit/Debit Card

Only £32.95 for 20 minutes  
£1.50 per minute thereafter



Luke prefers the umbrella term of Clairvoyant or Seer, to describe what he does. For as long as he can remember he's been able to sense presences; spirit people and animal spirits. Luke knows that clients have readings for all sorts of reasons – a question about a job, a lost pet, a lost lover, a current relationship – but more often than not it is to see that they are on the right path; to see whether it is one of their making...Luke feels he can provide assistance and guidance in decision making and in finding understanding, insight and clarity.

## L&L Contact Us

**Love & Light Magazine**  
Circle of Professional Clairvoyants  
PO Box 7584, Poole, BH14 4ER  
Customer Care Number +44 (0) 1133 847 092

[www.psychicreadings.org.uk](http://www.psychicreadings.org.uk)  
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Under UK law readings are deemed entertainment only. Accuracy is not guaranteed.

## New Website L&L

You may have noticed that we have redesigned our website, we know that sometimes change is difficult, we all get used to seeing the same thing day in day out, but we listened to our clients and we think we have designed a site that is clearer and easier for everyone to navigate.

Every reader now has their own page, where you can read about their background, skills and reading style:



Please do visit us at

and you could win a free email reading by Chrystalyte worth £39.95! You only need to fill in a short form and you will be entered every month.

Whatever your viewing format is...  
Happy Surfing!



We have a Free Readings section (see drop down on the main header menu), where you can get relationship advice, monthly horoscopes by our very own Chrystalyte, you can sign up for our newsletter and even play psychic games.

We have also introduced a blog

where we post content every month on all things spiritual.

If you have had a psychic reading recently, then please don't forget to leave a customer comment. Our psychics read the page and really appreciate the feedback that you leave them and it really helps new clients to pick a reader suitable for them.

We know that our clients lead busy lives and so the new site has been developed so that you can have just a good experience whether you are viewing it on a phone, tablet, laptop or desktop computer.



## L&L Book Review

You may have heard of Deepak Chopra, but not know much about him. He is a world renowned public speaker, expert in mind-body healing, author of over 75 books – an influential spiritual leader. The Times credits him as “the poet-prophet of alternative medicine.”

His career actually started in medicine, despite rising through the ranks and becoming successful in his career, he became disenchanted with the life he was leading – too much stress, drinking and smoking to cope...But also dismayed at the reliance on prescription drugs to solve everyone's woes.

About this time he read a book on Transcendental Medicine, this book was to change his life and eventually his career path. He wrote several well received books, but it was his 1993 book titled 'Ageless Body, Timeless Minds' that really gave him celebrity status, the book sold one million+ copies in hardback alone.

Despite his success he is not without his critics, which perhaps is not surprising given his transition from modern and conventional medicine to alternative healing...

His book – The Path to Love: Spiritual Strategies for Healing is not a new book, but one he wrote around 1997, but the philosophies behind the book hold true today. It is useful whether you are looking for love or are already in a relationship.

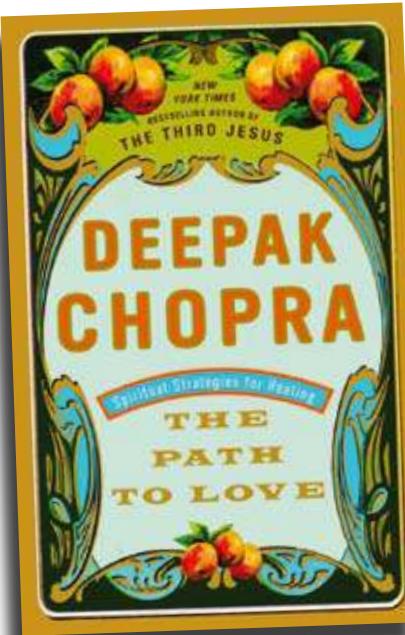
The Path to Love is a practical book that guides you through the spiritual journey of love - attraction, infatuation, communion, intimacy, sexuality, surrender, passion, and, ultimately, ecstasy. It teaches us that love is the essence of our souls and that we need to get in touch with this part of ourselves in order to attract loving relationships into our lives, without fear of hurting others or being hurt. The book focuses on learning to take love through the stages not just looking at love in an emotional or sentimental way, but looking at it as a spiritual journey that goes from being personal to romantic love to divine love.

Here are some excerpts from the book:

“Falling in love feels like an accidental occurrence to many people, but in spiritual terms it is not - it is the entrance point to love’s journey...

...In the dawning of the next stage, falling in love turns into a committed relationship, usually marriage, and the path changes. Falling in love is over; being in love begins...

...In spiritual terms, passion is the same as letting yourself be swept away on the river of life, which is eternal and never-ending in its flow. The final fruit of surrender is ecstasy: when you can let go of all selfish attachments, when you trust that love really is at the core of your nature, you feel complete peace...”



The Path To Love is published by Rider and is available in all good book shops.

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# L&L Soul-Mate Connections



**M**any of us think of soul-mates as being the person we are destined to spend the rest of our lives with in a blissfully happily union. But in fact soul-mates are not necessarily always lovers.

One theory is that soul-mates come under the category of psychic love, describing any relationship where there is a lesson to be learned, a strong psychic link or a past life connection.

Generally you will feel an immediate affinity with your soul-mate, you may feel love, but you could just as easily feel affection or familiarity. This is because you will have known this person in a previous life and in fact possibly in many lives.

Your relationship with this person may have had many guises during the incarnations, and it possible that some of them will have been difficult relationships. This is just a way of working out the karma that has built up during the incarnation; soul-mates need to be challenged and to learn different lessons from each other in order for the relationship to flourish.

When soul-mates meet on the soul plane between lives, it is thought they agree on a script for their next relationship; hence soul-mates that have been wildly in love in one lifetime may incarnate to be just friends in another. Occasionally sometimes that bond can be so strong between two soul-mates that rather than playing out the role they agreed on for their next encounter they override these feelings and embark on a different path, this can mean they mistake friendship for love.

One theory about soul-mates is that in a remote time a breakage occurred and as such each soul was left imperfect and that to be whole and complete again they must search for their other half. When people feel like they have found their other half, they imagine that their relationship will be perfect – after all, if they are meant to be together, why are they arguing, why don't they agree on everything and so on. This is often the time a client will seek assistance from a psychic to reassure themselves that they are in fact in a soul-mate relationship.

If you have questions about whether you have met your soul-mate then you may want to contact one of our readers. Luke is particularly good on soul-mate matters; he says "we learn most from our soul-mates in a lifetime - through them we become more aware of who we are, more aware of our own soul and why we are here in the first place."

Rest assured that our most problematic relationships are often those that bring us the most personal growth, development and rewards. Soul-mate partnerships should be enriching, satisfying and loving but don't worry if yours is sometimes not as harmonious as you would like. An interesting relationship is not always plain-sailing!

# Faeries Wanted! L&L



**Summer Solstice**, Midsummer or Litha occurs this year on Saturday 21st June. The sun has a powerful hold over the spiritual world at this time and it is up to each of us to harness the brief spell of energy that the event brings to refresh and renew elements of our lives.

The Solstice has been significant throughout history especially in the northern hemisphere where without the summer sun food could not be grown. The Summer Solstice marked the longest day of sunlight and the crops that were to come, but at the same time it acknowledged the passing of the sun as the days become shorter between then and the winter solstice.



Many cultures celebrated with bonfires to mimic the sun and of course there are many monuments designed that line up with the sun during the summer solstice such as Stonehenge.

This day has special meaning to anyone who follows Faerie Magik, knowing that the day is a celebration where all faeries and creatures of the forest gather. Shakespeare faerie packed tale of love and trickery – a Midsummer's Night Dream was centred around this magical day.

If you would like to celebrate in Faery Style, then why not join the award winning 3 Wishes Faery Festival that is hosting an official World Record attempt at Mount Edgcumbe House and Country Park for the 'Largest Gathering of Fairies in One Place' on Saturday 21st June at 2.30pm.

The rules are simple - anyone can partake for free! As long as they wear WINGS, carry a WAND (could be a twig!) and wear a TUTU! Yes even the men!

The event is being organised by 3 Wishes Faery Fest founder, Karen Kay. You might recognise her from the television programme 'Weekend Escapes' with Warwick Davis,

he met Karen and other members of the Willow Appreciation Society in Cornwall.

The programme aired on ITV on the 11th April at 8pm.

Participation in the World Record attempt is FREE.

Entrants will be given a £5 discount voucher

towards a day ticket to the Fairy festival being held in an adjacent field, if they wish to continue having fairy fun!





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