

Love & Light

Summer 2015



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L&L *Reader Profiles*



Emilia

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I am Bulgarian, and my country has more than 1300 years of history. I was born a psychic and I believe that I inherited this ability genetically from both sides of my family. Ever since I was a child I felt different from others, I was able to see, sense and predict different events and also to read people, just like you read a book. When I was 13 I used to read to my friends from their cups of coffee (Turkish type coffee) and I was able to foresee events that were going to come to pass.

I have over 30 years' experience and I started doing clairvoyant readings over the phone in Bulgaria in 1992. I also worked on lots of articles for a magazine called "Psychic" for 5 years, as well as having a slot on a morning TV show in Bulgaria preparing horoscopes, answering viewer letters, calculating weekly numerological reports and doing radio broadcasts.

In 2006 I was vetted to become a qualified psychic of the British Astrological and Psychic Society. I am featured in their register as being able to practice all four abilities: Intuitive Tarot Cards, Clairvoyance, Graphology and Numerology. I have a Master's Degree in psychology, specialising in social psychology. In 2007 I became a Graduate Member of The British Psychological Society.

I am willing and able to assist you using all of my experience, knowledge and abilities. I believe that the whole world exists on the law of the Universe – Order and Harmony. I believe in God, for me he is pure love and certainty. I am also able to use the Angels guidance to practise Angel Therapy. I can guide you on your path of enlightenment; I will be your spiritual guide and counsellor.

L&L *Contact Us*

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The Goddess **L&L**

It is no accident to be discussing The Goddess as we near Summer Solstice, as both the time of year and The Goddess stand for many similar things: fertility, nature, earth, the home, love, birth and death. The Goddess goes further and also symbolises justice, wisdom and acts as a ruler of truth.

The Goddess relies on emotion, psychic powers and intuition - the things that cannot necessarily be explained by science or pure logic. The worship of The Goddess dates back 30,000 years, and she assumes many names and faces, depending on the times and religion, but most often she represents Mother Nature.



She is a powerful, inspirational and enlightened woman, which is perhaps why she still speaks to us today, with many of us trying to embody these very characteristics, as we fulfil our dreams and destinies.

In regards to neo-pagan thoughts, The Goddess takes on three forms:

The Maiden - Denotes innocence, purity, emerging sexuality and youthful hopes.

The Mother - Signifies nurturing, fertility and feminine power & wielder of magic.

The Crone - Embodies experience, compassion and wisdom. She knows other realms and birth & death.

The Goddess is also seen as a lover, traveller and warrior; she understands the difficult path that women need to follow. She believes in equality and provides a light in the darkness to all those who are struggling to triumph. She understands the pain and struggle you go through, but also the joy that is felt when success is achieved in whatever form is desired.

If you feel in need of support and direction then try a prayer to The Goddess to invite her energy in.

Are our lives preordained? The concept of fate suggests as much!

The word fate comes from the Latin 'fatum', meaning, 'what has been spoken'. In almost all ancient cultures, the 'word' was a powerful tool, a pronouncement was considered law even if unwritten. A person's fate was seen to be fixed, as though a plan of their life had already been written somewhere in the universe. And what was written could not be altered, changed or edited. It was also commonly accepted that certain individuals had access to this knowledge – the 'Seers' or 'Sages' of ancient cultures and of ancient times.

The word 'Karma' is a term adopted from the Hindu philosophical system, and has been interpreted in a number of ways. Many Christians have incorporated the notion of Karma into their personal belief system – using a biblical quote to support understanding; 'Whatsoever a man soweth, that shall he also reap.' (Galatians 6:7)

At the most fundamental level, this means that all of our actions generate equal reactions. Therefore Karma can be likened to Newton's Law of Cause and Effect. But, Karma good or bad goes much further and much deeper than that. Not only if you perform some action do you generate a reaction, but conversely, when you do nothing, this too generates a reaction... A single action creates a necessary reaction, and many such actions over a period of time build up a huge sum of necessary responses – Karma.

I will not debate or argue as to whether a divine plan exists for each of us, I would rather accept the notion that there is indeed a larger spiritual context to everyone's life and that this context can, if we so wish, be viewed as a divine plan.

So in that case, how do we define Destiny? If you are conscious of the desire to grow and evolve, it is desirable to attune your actions, belief and intentions to your spiritual blueprint. Learning what the blueprint is, however, presents a challenge. Let me make it clear, that nothing can replace soul-searching and turning within for the answers to one's spiritual quest!

Written by Paul - PIN: 7135



Paul is a down-to-earth 'sensitive' who has been living, breathing, studying, consulting with, and teaching Tarot for nearly 40 years. He usually describes himself as a Direct Clairsentient or as a Seer. He is also an experienced and published Astrologer and Clairvoyant.

Paul is knowledgeable and experienced in a variety of esoteric/spiritual disciplines. He has been involved with The Spiritualist Church, Medium Development Groups, The Green Circle, Wicca, The Circle of Avalon, Shamanism and The Pagan Wheel to name a few.

Paul understands that we all possess our own connection to the Divine, and this is what he trusts and tunes in with. He considers himself a 'blood, bones and flesh reader' - talking with real people, in real situations, with real problems – Old Age rather than New Age.

He is an authentic and straightforward person and expects the client to be the same. This is the best way to connect with his style of reading.

Paul's reading style is incisive and direct, he will only ever convey what he senses – not what you might want to, or perhaps, expect to hear! Paul appreciates that the connections with the Divine can be confusing at times, but he has seen time and time again how his readings have great resonance with his clients, even if, at that time, they have little meaning to him as the reader.

He believes that we all have a spiritual connection, but more often than not; we need to be reminded that it is there – he will lead you back. Paul feels strongly that all of our experiences should in some way lead to knowledge. Knowledge, when it is applied, should, in turn, become wisdom.



PIN 7135



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Midsummer is traditionally a time of love rituals and as such is a great time to get married. Of course in the UK many people choose the month of June to tie the knot as the weather is likely to be better, but historically the month was associated with weddings; June was named after Juno who was the Roman Goddess of marriage and motherhood. At that time the sun was strongly associated with the height of summer as a sign of romance and a strong beating heart meaning successful unions.

On a more practical side, the Summer Solstice creates a natural pause for farmers, inbetween planting and harvest and so field work could be left behind creating time to celebrate a wedding and take a honeymoon. Incidentally honeymoon makes reference to the abundance of honey that would have been available Midsummer and that would have been eaten as part of medieval wedding feasts.

Many of you would have heard of the plant St John's Wort, often used for medicinal purposes to aid depression like symptoms (this makes even more sense when you realise it was sometimes called 'chase devil'). The plant is supposed to be brimming with the sun's healing power, and is so named due to flowering on St John's Day (24th June). British folklore states that a young girl should pick a sprig of

St John's Wort on the eve of Midsummer and if the sprig remains fresh until the morning, then she soon will marry!

If you are not planning or attending a wedding in June, then you can still celebrate the Midsummer season, as it is a fantastic time to make auspicious decisions! The axis point of the year has the ability to turn things for better or worse - so make your decisions wisely...

Why not take a Midsummer vigil - camping at this time of year is a great way to get in touch with the earth's energy. Many people go to places like Stonehenge, but you needn't travel a great distance to get in touch with your inner-self. Carve out some quiet time to contemplate what you want from the next phase of your life. State your intentions out loud before going to sleep.

The next morning, take the power that the sun has to offer, and restate your intentions to firm them in your mind and body.

Take time now and as you move forward to meditate, empty your mind, and then remind yourself why you committed yourself to your specific intentions. This will help you stay focused between now and Midwinter.

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