



Love & Light

FEBRUARY 2011

www.psychicreadings.org.uk

How to obtain a reading:

Call:

0906 111 4445

For payment on your Telephone Bill.

All 0906 calls cost £1.53/min recorded.
18+ for entertainment only.

Call:

0800 138 3637

For payment by your Credit Card.

Freephone credit card readings
£38 for 20 mins.

Welcome to our special Valentine's issue.
We hope you enjoy our love theme.

Who to choose? Here are some of our readers...

Jacqui - Pin 7108

Paul - Pin 7135

Jacqui became one of the Circle of Professional Clairvoyant's very first readers in 1999. She has a unique way of being able to talk with clients as if they are close friends she has known for years. Softly spoken, Jacqui's words are kind and reassuring, yet she is able to get right to the heart of any matter and offer kind yet positive guidance. Once you have spoken to Jacqui you will feel happier, more confident and be aware of the path your future will take.

Paul is a Circle Senior Reader with a high percentage of requested readings. An International seer, Paul is very much to the point. Like most of our readers, he prefers to tell you, rather than you tell him! (In fact Paul will ask you not to tell him anything.) Testimonials support our view that Paul is one of the most accurate readers you will find. Request him and listen, you'll be amazed.

Viki - Pin 7122

Luke - Pin 7137

For many years I have specialised in relationship readings and have built up a reputation as a "no nonsense" reader. I have helped my clients face up to their relationship problems and in many instances have reunited lovers when all seemed lost. However, a word of caution; I am always blunt and will not sugar coat or build up false hopes where none exist. I would prefer to get to the root of the problem straight away.

Luke is a seer and highly intuitive reader and a practicing shaman with a large following of regular clients. Many of Luke's clients book appointments well in advance simply to be certain of having a reading with him because of his popularity. Extremely likeable, Luke is one of the Circle's top, and most requested readers. Should you have a reading with Luke, we are certain that you will soon be calling him back for further readings.

**Under UK law readings are deemed entertainment only.
Accuracy is not guaranteed.**

Customer Care Number +44 (0) 1133 847 092

Well Being

Cooking With Love

Little mocha kisses by Rachel Allen

For the biscuits:

175g/6oz self raising flour
75g/3oz caster sugar
75g/3oz butter
2 tsp instant coffee powder or granules
1 tsp hot water
1 free range egg

For the chocolate icing:

50g/2oz butter, softened
100g/4oz icing sugar, plus extra for dusting
3 tsp cocoa powder

Method:

Preheat the oven to 180C/350F/Gas 4.
Place the flour, sugar and butter in a food processor and blend until the mixture resembles bread crumbs. In a cup or small bowl, mix the coffee with the hot water, then add the egg and whisk together. Add this to the food processor and process until the dough comes together

Dust the work surface with icing sugar and then roll out the dough until it is 5mm/¼ in thick and, using a 4cm/1½ in long heart-shaped cutter, cut out 50-60 heart shapes.

Place the hearts slightly spaced apart on two baking trays (no need to grease) and bake in the oven for 10-15 minutes or until golden brown and slightly firm at the edges.

Remove from the oven and carefully lift off the tray with a metal slice while they are still very hot to prevent them sticking. Allow to cool on a wire rack. For the chocolate icing, mix the soft butter, icing sugar and cocoa powder in a bowl using a wooden spoon, or in the food processor, until it comes together.

Use the icing to sandwich the cookies together. If you dip a table knife into hot water as you work, it helps to spread the icing. Store in a box for two or three days.



Rose Prosecco cocktail by Sophie Dahl

Ingredients:

Bottle of Prosecco
4-6 tbsp rose syrup

Method:

Pour the Prosecco into the serving glasses and then drizzle the rose syrup gently on top, allowing it to trickle down to the bottom.



Valentine cupcakes by Simon Rimmer

For the cakes:

125g/4oz unsalted butter, softened
125g/4oz caster sugar
2 free-range eggs
125g/4oz self-raising flour
150g/5oz raspberries
6 passion fruit, sieved pulp only
a little milk, to loosen the mixture
as necessary

For the icing:

500g/1lb 1½oz icing sugar
160g/5½oz butter
1 vanilla pod, seeds only
2-3 drops pink liquid food colouring
50ml/1¾oz milk
hundreds and thousands



Method:

For the cakes, preheat the oven to 180C/350F/Gas 4.
Sit 12 paper cases in a muffin tray.

Beat the butter and sugar in a bowl until pale and creamy. Add the eggs, one at a time, and beat until well combined.

Fold the flour, raspberries and passion fruit pulp into the mixture until almost smooth. If the mixture looks too stiff, add a little milk, as necessary.

Divide the mixture among the paper cases then bake for 20 minutes. Remove from the oven and set aside to cool in the tin for 10 minutes. Turn the cakes out onto a wire rack and set aside until completely cooled.

For the icing, using an electric whisk, cream the icing sugar and butter together until light and fluffy. Whisk in the vanilla pod seeds and food colouring. Gradually whisk in enough milk to form a smooth paste.

Spoon the icing into a piping bag with a large star-shaped nozzle and pipe the icing over the cake. Sprinkle over the hundreds and thousands.

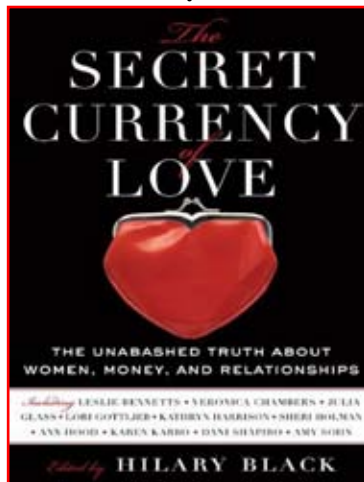
The Secret Currency Of Love

Hilary Black's career has revolved around editing books and magazines. She found it very interesting that in life we can talk about many things, but despite the daily headlines on the topic of finance and the economy so many of us found it hard to talk about money. More importantly perhaps the impact that our personal finances have on our lives and relationships.

Experts agree that money issues are the number one cause of problems in relationships. We've all heard the adages: Money is the root of all evil. Money can't buy love. But are they true? Well in this compelling anthology of original essays, some of America's most respected women writers reveal their deepest feelings about money and how it affects their most intimate relationships—with parents, children, spouses, siblings, and ultimately with themselves. They examine the childhood experiences that set up lifelong, and sometimes self-destructive, financial habits. And they divulge how all the intangibles—romance, status, power, security—become tangled up in their financial lives.

The essays are written from many different perspectives and we will all no doubt recognise ourselves in them - a single woman trying to reconcile feminism with a secret desire to be supported by a man; a wife with radically different spending habits from her husband's; a divorcee who has become the family's chief breadwinner; a single mother struggling to make ends meet...

The book also explores complicated social issues. Sheri Holman reveals how she fell in love with a homeless drug addict. "Each morning, a line of men formed outside my bedroom window. They



were the newly minted "homeless," and they used the term with a sort of tentative pride. A young man in his late twenties stood out as one of the few white faces. He was tall and lean with wild blue eyes and a head of cherubic blond ringlets. Soon, I found myself obsessively thinking about kissing him."

Leslie Bennett's weighs the social and emotional costs of giving her children a private-school education among the super-rich. "In the rarefied world of Manhattan's elite private schools, my husband and I – both journalists – had always been out of our league financially. The lifestyles of our children's fellow students were characterized by conspicuous consumption at a level so extreme to resemble parody; in some circles, the bestselling Gossip Girl books and the television series chronicling the ludicrously profligate antics of its teenaged characters seemed more like reportage than social satire."

Amy Cohen considers the price—financial and otherwise—of having a child on her own. "What was I thinking, taking tennis lessons? Why did I book that trip to Vietnam? How could I not have at least planned that I would end up alone? All I knew now was that I wanted a child more than anything in the world. I vowed to make it happen – even if I had to work around the clock, even if I had to borrow from my family."

Witty, nuanced, and startlingly intimate, The Secret Currency of Love offers a transformative look at the delicate nature of love and money. As people struggle to make rational choices in a frightening economy, these brave, revealing essays by some of today's most esteemed writers provide insight into how a modern generation of women is defining itself in the new social economy.

Love & Light Magazine

Forecasting Your Love Life In 2011

Needless to say, if you are single, you will be wondering what the new year will bring to an existing relationship, or if you will wind up in a new one. Interestingly enough, married people may also be asking similar questions about the future. Regardless of whether or not relationships problems exist, there is always the potential for something to go wrong at some point in the future. Across time, people have made use of psychic readings in order to try and find out what they should be looking for in the year ahead.

If you want to make use of divinatory methods, there are a number of psychic readings that you can obtain. For example, you can ask a tarot reader, astrologer, or numerology expert to use these systems to find out how your love life will change in the year ahead. You may also be interested in working with someone that is a natural intuitive. No matter which path seems most appealing, you are sure to gain a number of insights about yourself as well as the relationship.

When you ask a friend or family member for advice, it can be difficult for them to remain objective. Even though they may want to help you as much as possible, sometimes you really and truly need to ask for advice from a perfect stranger. Typically,



when you work with a psychic reader, he/she will also take the step of working with tarot cards, or some other tool that will help increase objectivity and neutrality. At the same time, the reader will also listen to



his/her instincts about factors that may be hidden from view.

Consider a situation where you are involved in a relationship that seems to be going along fairly well. For some reason, you may have a deeper sense that things are not as perfect as they appear. Before something upsetting is revealed in the course of practical events, you may want to consult with a psychic reader in order to find out if something is hidden from your view. While you are under no obligation to believe what you are being told, you can still look within and see if it matches up with your sense of foreboding.

Forming healthy and satisfying romantic relationships is one of the most important things in life. In fact, if you look at community structures and legal systems, you will find an enormous amount of emphasis on values and ideals that promote romantic relationships that also benefit society. On the other hand, your feelings for another person do not always follow logical, let alone useful patterns. Rather than go on wondering what your future love life will look like, it may help to consult a psychic reader. Chances are you will be surprised by some of the information that comes up. While you may not be happy with some of the insights, at least you will have an opportunity to sit with them and see if they truly represent something hidden in your romantic relationship.

www.psychicreadings.org.uk

Do You Love The Job You're In?

Some people know from a very young age – what they want to do when they grow up! But for many of us life turns out as more of a succession of jobs, rather than a career and becomes about paying the bills rather than working in an area we love. However it is never too late, there are more opportunities now for budding inventors, entrepreneurs or for taking a hobby or craft into self employment. Many brands that we know and love on the high street started with very humble beginnings:



For example Innocent Smoothies were started by three men in 1998, when they bought £500 of fruit and sold 'smoothies' all weekend at a London music festival. They asked each person who purchased a drink to put their empty bottle in a 'yes' bin if they thought they should give up their day jobs and

pursue the smoothie idea. At the end of the day the 'yes' bin was full and so they resigned the next day from their jobs and started the company 'Innocent', so named to capture the pure and fresh product. The range has now expanded; they have gone on to get investment from drinks giant Coca-Cola and now sell 2 million smoothies a week to 7000+ outlets.

Perhaps one of the most famous British stories is that of Sahar Hashemi and her brother who founded Coffee Republic - the UK's first US style coffee bar chain. They already had good jobs, but risked everything on a dream of changing a nation of tea drinkers into caffeine addicts. They sold the



business in 2001 but Sahar has become an inspiration to would-be entrepreneurs around the world, firm in her belief that anyone can do what they did. In fact she wrote a book titled 'Anyone Can Do It – Building Coffee Republic from our Kitchen Table.'



In the early eighties Romy Fraser was interested in alternative medicine and so she started to produce organically sourced beauty products and natural remedies – Neals Yard Remedies was born. She was way ahead of her time – before all things eco became fashionable, but the brand was built on a solid foundation of no animal testing, 100% recyclable bottles (pretty blue glass) and all of the ingredients are UK sourced. They were front runners in their field and became the first UK company to be awarded a CarbonNeutral brand mark. The first shop was opened in London in Covent Garden and there are now 30 stores in the US, Japan and UK.



Whilst the world seems a scary place at the moment with the world economies drowning with worries, these stories show that good ideas can take off whatever the climate. And many economists believe that recession times can provide the best launch pad for some start up businesses.

So if you have a hobby that really is your passion, maybe now is the time to take the leap... Or you have had an epiphany moment regarding a product that could make the world a better place, now could be the time to spring into action!

Maybe we will see you on Dragons Den...

Eyes - The Windows of the Soul

If you think that being able to read minds would be a cool way to know what everyone around you is thinking, you may find out a few things you did not know. When it comes to reading your lovers mind, what if there are some thoughts that you may be better off not knowing? The ability to read minds is probably easier than you think. There are many people who can tell what someone is thinking just by studying them for a few minutes.

Many people use the expressions of the person they are studying. Along with expressions, there is also body language and the eyes. The best way to learn how to read your lover's mind is to study their body language. This one aspect can give you infinite information about what is on someone's mind!

There has been research that shows the movements of the body which have been simplified to points of light can still be read. The emotions such as fear, boredom, sadness, and love can be recognized just by looking at these points of light. So if this is possible, it is also possible to see the same emotions when looking at the whole person.

The face you know so well can have over 3,000 different expressions. However, the ones that are not there for more than a split second can tell you more than the normal ones you see on a daily basis. Everyone knows what a smile or a frown is and can usually understand the reason behind these two expressions. If you see the fleeting expression, and you will if you pay attention, these can tell you more about what someone is thinking at that particular moment.

If you want to know how to read your lover's

Contact Us

Love & Light Magazine
Circle of Professional Clairvoyants
PO Box 61, Moreton in Marsh, GL56 0WU
Customer Care Number +44 (0) 1133 847 0792

mind, watch for these expressions as well as their body language. By putting the two together you will have more of an idea of what they are thinking. The eyes are another great source for figuring out what someone is thinking. The eyes are surrounded by muscles. These muscles can tell you many things about what someone may be thinking.

When the eyes are downcast, this normally means someone is sad. So think when you see this expression, what is going on in their life to make them sad? When the eyes are glancing around as if in flight, they are probably thinking they are so bored. The wide open expression can be innocence or fright. The facial expression will finish this look so you will know which one it is and depending on the situation, you will know why. If they are having problems sitting still and you have noticed this body language in the past, you probably have a very good idea of what your lover is thinking...

If you look at your lover's eyes and they seem to be off in another world with a dreamy look, you can probably tell what they are thinking about you or something the two of you have done. The eyes are called the windows of the soul. So if you pay attention, it really should not be that difficult to tell what is going on in your lover's mind.



www.psychicreadings.org.uk
mag@psychicreadings.org.uk
Under UK law readings are deemed entertainment only. Accuracy is not guaranteed.

Circle of Professional Clairvoyants



CONSULT A PROFESSIONAL READER

ACCEPT NO
SUBSTITUTE

**Payment by your
Credit Card:**
0800 138 3637

Freephone credit card readings
£38 for 20 mins.

**Payment on your
Telephone Bill:**
0906 111 4445

All 0906 calls cost £1.53/min
18+ for entertainment only.

www.psychicreadings.org.uk



**Business
& Careers**



Wellbeing



Relationships



**Financial
Health**

Text "CIRCLE" then send your question to 84184

Texts £1.50/reply (may need more than 1 reply) Aged 18+

Ethical and genuine psychic readings from top professional psychics, mediums and clairvoyants.

Under UK law readings are deemed entertainment only and are recorded.
Accuracy is not guaranteed. Customer Care Number +44 (0) 1133 847 092