

DO SPELLS AND WITCHCRAFT EXIST?

This question has been asked thousands, even millions of times by an equal number of people; do spells and witchcraft exist? The answer is yes. They do exist, they are real and they do work. It is all a matter of what a person believes.

To understand this one must first look at the definitions. A spell is a set of actions and words which are designed to produce a specific result. Witchcraft is the practise of magic or use of spells and incantations in order to create a specific set of results.

Witch and spell craft is usually associated with certain types of religious practices. This is because often in time these spells invoke the name of a particular divine being to oversee the caster and the event or individual that the spell is intended for. There are two main types of spells and witchcraft. These are generally referred to as white and black. This is a simplified way of expressing the intention behind the spell. The words can be exactly the same; it is the intention behind the spell that makes it good or bad. Spells are like prayers. Candles are lit, incense is burned, stones are used, all of which are designed to attract the attention of the intended action; words are written carefully in order to do the same. Everything in the universe is made of energy spells which are nothing more than ways of attracting a particular type of energy to the caster in order to obtain a particular result.

Witchcraft is nothing more than the learning and practise of this particular type of prayer. Both of these things exist, they work hand in hand and while these things have been associated with dark and evil images, it is not necessarily the way it is.

Does the type of witchcraft and spell craft which appears in the movies really exist? This is most often the type people classify or associate with these practices. The answer is while it is possible to attract enough energy to bring for those intentions whatever they may be the fact remains that few have the patience or determination to accomplish such feats. The amount of effort it takes to do something on a large scale as seen in the movies is not worth the flashy results. Most of the time spell and witchcraft are used for the purpose of correcting things in a person's life. They are used for bringing in prosperity, success and health.

There are also those that practise these arts with darker intentions. Whilst these individuals and this side garners more attention it is not the majority of the existing practice. It is simply that there must be a balance of opposing forces. Good must have evil, right must have wrong and the same principle applies here.

The important thing to remember is that these beings while they exist in the world they only work for those that truly believe in them and have faith in what they are doing. It is the intention that creates the action and as a result, whether or not they exist for a particular person is up to that person.

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HOW ACCURATE ARE PSYCHIC READINGS?

Psychic readings vary enormously in accuracy. There are charlatans and frauds selling false psychic services with the sole aim of making money but there are also plenty of true psychic readings out there.

A psychic reading is to give guidance and advice about the present and future. People see psychics for different reasons, maybe for guidance on a current situation which is troubling them, reassurance about a loved one that has passed over or help with any number of things.

In a typical psychic reading, some of the information will make sense to you and some you won't be too sure about. Psychics have off days the same as everyone else and sometimes they might interpret something the wrong way. For example a psychic reader might get a picture in her mind of her grandfather wearing an army uniform. She might say she is receiving a link from your grandfather instead of saying she is receiving a link about someone in the army. Most psychic readers say exactly what they hear, see or feel and then it is up to you to interpret what it means.

You might receive information about the future which will not make immediate sense to you. You should take all the information on board because nobody knows what the future will bring them. A psychic might, for example, say you will take a holiday next month. You might scoff at this idea because you have no time off work and no money but anything can happen between the time of your reading and the time of the predicted event. Maybe you are given some time off. Maybe you win or come into some money.

Some people have the mistaken belief that psychic readings are for the purpose of telling them what to do. You might ask the reader "should I leave my husband?" and hope for a yes or no. A good psychic will receive information about the situation, perhaps some things you didn't know, and might advise you but will never tell you what to do. We have to make our own decisions in life. Consulting a psychic might be helpful, enlightening and reassuring but a good psychic gives guidance only to help you make a decision yourself.

A psychic might also be a little off with something. Time in the spiritual plane does not work the same as time here. He or she might indicate that an event will come to pass "within a month" and maybe it actually takes two months. Other information might be spot on. Maybe the psychic will get something wrong, they are only human after all! Psychic readings vary and no two are the same.

Also, you might visit one because you want to know about your career situation and you might receive information about something else entirely. Spiritual information comes through when you need it and you might be asking about work but receive information about your love life, a family member or spiritual path instead. You should accept all the information that spirit gives you with grace and thanks.

Psychic readings do vary in accuracy and you might not hear what you were hoping to. As long as you keep an open mind and enjoy the reading, it should be an enjoyable and enlightening experience.

HOW DO I DEVELOP MY PSYCHIC ABILITY?

Everyone has some degree of psychic ability. Some people are born with this talent. Some receive theirs after a trauma or near death experience. Others need to practise, using dedication and hard work. If you have the will to improve and develop your psychic abilities this is a good indicator that you are ready and it can be done.

Not everyone can be the next Edgar Cayce or Doris Stokes but psychic power is all about using your intuition to help yourself and others. We all have the intuition but in the chaos of the modern world we live in, it is common to forget about such things. Most of us have lost contact with nature because of our modern society.

Have you ever been thinking of a friend you haven't seen in ages and suddenly she phones? Have you ever walked into a room and sensed a bad atmosphere? Have you ever known what a loved one was about to say, word for word? If so you have had psychic experiences already.

WHAT IS A PSYCHIC? A psychic is somebody who has extra-sensory abilities, such as clairvoyance, clairaudience and precognition. A medium is also a type of psychic but a medium also communicates with spirits. Some psychics practise psychometry, which is when they divine information about people or events by touching or holding a possession. Others use tarot cards and use their psychic abilities to glean information from which cards have been drawn and what the cards mean together.

MEDITATION A good way to begin enhancing your intuitive powers and psychic abilities is to meditate. This means sitting comfortably and focusing on yourself. It's best not to lie down or you might fall asleep. You can use incense or relaxing music if you like but these are optional. Focus on your breathing, taking slow steady breaths. It is common to get flashes of light or pictures in your mind or even hear words. It is a good idea to keep a meditation journal and record your experiences. Start with a five minute meditation and gradually work up to half an hour or even an hour if you have time. Make sure nobody interrupts you.

PSYCHIC PERCEPTION Another good exercise is to practise psychic perception. For this one you need to observe people around you and ask yourself questions about them such as "how is he feeling?" or "what will she do next?" This will feel strange in the beginning but the more you practise, the more you will find comes into your mind. This comes from creating a connection with the person in question. If there is a psychic circle in your area you should consider joining it. This will help with your development and introduce you to like-minded people.

HOW LONG WILL IT TAKE? It takes as long as it takes! Some people are able to tap into powers they never realised they had and others might practise for months on end without any results at all. Many people expect too much. They want to talk to spirits immediately or predict the future with incredible accuracy without putting any hard work or practise in at all. This approach is never going to work. You need to stay patient and try again. People progress at different rates and as long as you stay focused you will get there in the end.