



Circle of Professional Clairvoyants

March 2007

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Looking for answers... esoteric shopping... freebies?

Why Not Free? Well, ideally spiritual services such as readings, counselling and healing should be free. It is a little like selling water by the riverside. Why would anyone want to sell water when the very essence of our existence is the river? Unfortunately, as you realise too, this world is often far removed from such understanding. Most of us choose to live within the bounds of civilisation and its rules. And this brings us back to the hustle of money and marketing and selling and buying.

Just use your ordinary common sense when doing your 'esoteric' shopping and you should do fine. The same rules of business apply to these services as for any others. So, you will find a broad spectrum of people offering you counselling and healing. And the range is enormous. It spans from those wanting simply to make a living to those that are mainly intent on spiritual development but find themselves in need of an income. It is safe to say that most people you may choose to work with will fall somewhere in the middle of this range.

One thing you should be aware of is that psychic abilities or healing powers do not necessarily equate to spirituality. Thus, try to keep a clear boundary in your mind regarding what is on offer. Judge healers and counsellors in terms of their ability to heal and counsel. This will help keep you from being disappointed or disillusioned as many a very capable psychic healer may be very ordinary in other regards. As long as you get the service you require this will not matter too much. But be wary of assuming advanced spirituality where it may not be present. You can use your experiences in the presence of genuine and traditional teachers to evaluate what similar--if any--effects your healer or counsellor may bring to your heart.

Spiritual service as commercial enterprise is not all bad since an adequate income frees the professional to fully focus on providing the very best quality service. And because some people in this field are really more interested in spiritual development than making money, you can at times get excellent value for your investment. Shop around. As with all things, quality varies and often word of mouth is the best endorsement. Try to use your discrimination and trust your heart when choosing such services. And remember, some counselling will challenge you, like it or not, these are lessons. If you have access to friends who are knowledgeable in these areas, you might like to check with them before you buy.

However, you do need to avoid the New Age Disease, (Dis-Ease)!!!

Whilst you shop around the Esoteric Dimensions, watch for those other Shoppers that feel that they are a Special Case. That for some reason, they are more deprived than another, more desperate, or more in Spiritual Need than anyone else. These folks, all too easily, become dependent on counselling and healing, and abdicate their own spiritual responsibility.

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Ghosts, the Paranormal and Hauntings

I saw my first ghost when I was 13 years of age in 1955. Maybe that's when I first developed my interest in the paranormal. I was a boy scout living deep in the Warwickshire countryside. The village was Berkswell and the scouts met in a centuries old cottage (now demolished) a few yards from the church and the well. I had hurt my leg and, whilst the rest of the scouts went out to play a "wide game", I remained behind. It was about 7:30pm and as I sat in the meeting room in front of a log fire, a misty grey image about four feet high and one foot wide floated before me and disappeared upstairs via the open staircase. My second encounter with a ghost was years later when I lived at the foot of Edge Hill and was driving home about 3am. Walking towards me was a Cavalier or Roundhead. The ghost was completely oblivious to me as I drove past

Now most of us claim to have seen ghosts, haven't we! Have you?

Years of research have proved to me that ghosts do exist. However, for most ghostly sightings there is rational explanation. It is therefore important to consider the following when investigating "sightings". Most ghostly sightings or ghostly noises occur late at night or in the early morning, so please remember that noises, usually masked by the noise of daytime activities, are more likely to be noticed. Not only that, noise travels a lot further at night time: the screech of owls, foxes, etc can easily be misinterpreted for someone crying or screaming. Likewise, lights are fewer and far between during "the twilight times". Lights can, and do reflect. Bumps and bangs and rattles are also more noticeable in a building when the household has retired. They could be due to central heating, plumbing, floorboards contracting once the central heating has been turned off etc. Also please remember that most of us have an overactive imagination! For example if you were alone in an old building, say a castle which you had been told was haunted, your mind would be listening for any unusual noises etc and fear might set in as you anticipate a possible sighting. Never forget the power of the mind - it can, and does, play tricks

So you want to investigate a haunting? Here are just a few of the things you can do.

First of all, you can rule out any human or animal interference by placing cotton across hallways and passageways. If there is a wooden floor, sprinkle flour over certain areas to pick up foot/paw prints (or spread some brown paper over the carpet). If ornaments are moving, place flour beneath them to see if they have moved by themselves. Should doors be opening or closing, including cupboard doors, put Vaseline on the handles with a slight covering of flour. The same can be done with wall mounted ornaments.

The above actions should rule out any pranksters and provide a clue to whether or not there is any paranormal activity.

Most ghostly sightings are usually met with a distinct drop in temperature of several degrees, so have a large thermometer with you and keep a regular check on the temperature.

Research is important. Has the property suffered from subsidence (which could account for settlement creaks and groans). Look around the area for anything which might give rise to noises not normally heard during the hustle and bustle of the day. Underground culverts, farms nearby, woods nearby etc.

Ghost investigation requires a lot of patience. It may take weeks or months to carry out a thorough investigation, so please don't think for one moment an investigation can be carried out overnight.

You will need to keep accurate and detailed notes of times, dates, circumstances, the weather, plus any other happenings to see if a pattern has developed or is developing. Ask local people of their experiences. Have they seen/experienced a "ghostly sighting" - make notes.

Whatever you do, please never be afraid of a ghost. A ghost cannot, and will not harm you (despite some of the horror films you may have seen!). A poltergeist is simply a "noisy ghost" (German translation).

In conclusion, for every alleged "ghostly sighting", 99% have a rational explanation, so don't be fearful.

But what about the remaining 1%

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