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Trying to define the divine - by Paul, Senior Reader

People often confuse a psychic with a medium, or a clairsentient with a reader, or more often than not, lump them all in one big bag, and expect them to be able to do the same things!

A medium mediates between this world and the next and may use one, all three or a mixture to communicate with spirit when doing a church service or private reading.

Clairvoyancy may also be done subjectively (within the mind, which is mental mediumship) or objectively (seeing as in the physical plane). I personally believe that we are all born with some 'sensitivity', but the wisdom to use this gift effectively comes with maturity.

One of the best places to develop your abilities is in a circle at a Spiritualist Church. Many if not most churches run spiritual development courses of some type. Normally if you choose to go and develop you will start with meditation

and psychic development (psychic development entails no contact with spirit but you work using your own energies practising things like Psychometry, flower readings and learning to read peoples auras). These psychic development courses vary in length but often would run for 8-10 weeks.

Next you would then progress on to your spiritual development class and this is where you would learn to contact and work with spirit. Every church may run to a slightly different format so it is best for you to search around to find a church that firstly offers such courses and secondly one that you feel comfortable with...

Our Readers

Celebrity Readers: Paul, Rose, Luke, Graham, Helen and Susan

Professional Clairvoyants and Associate Readers

Anna, Cassandra, Elly, Faith, Jennifer, Jon, Jou-el,
Laura, Lydia, Stewart, Terry, Thomas

The Rational Clairvoyant - by Paul, Senior Reader

Time after time, during my consultations, I am asked how I came by some piece of personal information, like a date, or sometimes a name, or some image, which is recognised by the Client as meaningful! (Let me make it clear - it doesn't happen all the time.)

When asked this question, I am stumped. I am unable to offer an adequate answer. I can convince myself that I possess some 'gift', a kind of greater spiritual force enabling me to impart these pieces of information. (which mean absolutely nothing to me, and most of the time cause me considerable confusion). Or, I can pull my hair out; give myself a migraine, by looking for a more rational, acceptable, psychological explanation.

Generally speaking Clairvoyancy is approached from a mystical point of view. It is assumed that there is a power in certain individuals which allows them to perceive things which cannot be perceived by less 'gifted' people. There are usually two camps in the field! The first believes that you are born with the gift; the second believes that you can learn it! I believe that both statements are true! Every conscious soul has the innate ability to 'sense' something with precision, but it takes time to comprehend and wisdom to use! Let me start by explaining how I think it works, for me!

The Human Mind may be thought of as having 3 parts.

- 1 The first one is the Conscious; this is the part that talks, reasons, decides, remembers things, and is generally aware of itself.
- 2 The second part is the Sub-Conscious; this is the part that feels, and notices all things, and makes the decision as to what to tell the Conscious or not.
- 3 The third part is the Un-conscious; here are the instincts, the reflexes and drives.

Now, whether through our education systems, our alienation from nature, or our structured civilisation - these 3 parts of the Human Mind communicate badly with each other. This is especially so between the Conscious and Sub-Conscious. Everything that happens around us gets noticed by our perceptual organs, i.e. our eyes, ears, nose, etc. which convert what they absorb into electrical signals which are transmitted to the brain. Every minute detail of our lives, is absorbed into the Sub-Conscious mind -

perhaps this is why under hypnosis, we are able to recall much more information than we were aware of!

The Sub-Conscious part filters information through to the conscious mind. Important things, like a change in traffic lights or the smell of burning; others don't matter enough to be passed on, but, and this is important, they do get noticed, and are stored in the Sub-Conscious. A good analogy to use would be that the Sub-Conscious is like a P.A. (personal assistant) or a secretary to the Conscious. It only passes things on which it thinks will be required by the Conscious.

Clairvoyancy, psychic ability, can be seen as a re-routing of this information. Almost like relaxing the structures around the sub-conscious mind, and allowing more, almost imperceptible information through. If we tie this in with an 'altered state of consciousness', I think that we are getting closer to an explanation as to how honest and reliable Readers are able to highlight names, dates and places!