

Love & Light

Spring 2019

www.psychicreadings.org.uk

L&L How to obtain a reading

Call:
0906 111 4445

Pay via your Telephone Bill

Calls cost £1.50 per minute plus
your phone company's access charge

Call:
0800 156 0596

Pay by Credit/Debit Card

Only £32.95 for 20 minutes
£1.50 per minute thereafter

L&L www.psychicreadings.org.uk/easy-pay

EASY PAY AND SAVE EVERY TIME!

PRE-PAY FOR YOUR PSYCHIC TELEPHONE
READINGS BY CREDIT OR DEBIT CARD.

PLUS
10% BONUS
MINUTES ON ALL
£60+
SPENDS

20 MINS
JUST £30
SAVING £2.95

L&L Marketing & Contact Us

We want to reassure you that we take the processing and handling of your data very seriously. We do not and never will sell your data to a third party or allow any third party access to your data for marketing purposes.

If you have opted-in to receive marketing materials from us, we will continue to send to you until such time as you change your preferences or unsubscribe, or we deem a suitable amount of time has passed since you last used our service and consider that you are no longer interested.

We want to ensure that it is as straightforward for you as possible to change your marketing preferences and unsubscribe

should you wish to. So, if you wish to amend your address details, change from postal to email marketing or unsubscribe completely, the quickest way to do that is to email us providing the relevant information to: mag@psychicreadings.org.uk

Circle of Professional Clairvoyants

PO Box 9113
Bournemouth
BH1 9DH

Customer Care: 0121 737 5041
enquiries@psychicreadings.org.uk
www.psychicreadings.org.uk/terms
www.psychicreadings.org.uk/privacy

What is Clairsentience? **L&L**

Clairsentience when translated from French, is typically defined as 'clear feeling.' Differentiating between normal emotions and having a clear feeling allows powerful insights to come to light – Clairsentience makes this possible.

Clairsentience is one of the four spiritual metaphysical senses:

Clairvoyant, Claircognizant, Clairaudient and Clairsentient

A person who is Clairsentient can feel emotions such as anger, anxiety, fear, happiness and have the ability to feel physical ailments that another is going through, whether these were feelings in the past or present; they have a clear understanding of what a person is going through/once experienced.

What can a Clairsentient feel?

A Clairsentient not only feels the emotions of another person, but they can also feel physical ailments as well. Whether this is feelings of physical pain, sickness or an ache, a Clairsentient can relate.

What is Clairsentience used for?

A Clairsentient can assist in bringing your current fears, anger, anxieties and other emotions you are feeling into focus. When you are going through a particularly tough time in life, it is easy to combine real fear and negative thinking which is where a Clairsentient assists in differentiating the two.

If you are worried about a partner or someone you care deeply for, certain Clairsentients have the ability to pick up on how they are feeling and provide you with key information to bring light to your questions.

A Clairsentient may also be able to link with loved ones who have passed away. By using their Medium and Clairsentience skills combined, they are able to sense events from their past life while feeling their emotions and physical feelings they once experienced.



How do I develop my Clairsentient abilities?

You may have Clairsentient abilities on a lower level without realising. In life, many talk about having a gut feeling which either stops or persuades them to do something. Listening and trusting this feeling can prevent or encourage you to take a certain job, move house, go out of your comfort zone etc.

Having empathy towards people and feeling their emotions and physical feelings is another area that others can relate to. If your family or friends are going through a difficult time and you feel their emotions such as anger, grief, fear or sadness; you are actually using your Clairsentient abilities.

Why should I get in touch with a Clairsentient reader?

Not only can a

Clairsentient differentiate between different emotions, physically and mentally, they assist in bringing light to situations you are in. Sometimes emotions cloud our judgments, causing feelings of fear, anxiety and stress. Clairsentient guidance can support you in having a happier future.

Who are the best readers to talk to?

Norma (PIN: 1414) and **Summer (PIN: 2112)** specialise in Clairsentience – whether it's work, relationships or life in general that is causing confusion; your journey will become clearer.

If you are seeking empowering guidance, insight into the past, present and future, then get in touch with our gifted readers: www.psychicreadings.org.uk/psychic-readers

It is funny that just as spring makes an appearance that we start dreaming of summer, and more specifically summer holidays. Many of us will take the month of March to begin the process of deciding where to go on summer break. Of course, there are many factors to consider like weather, activities, entertainment for children, to price. But have you ever thought that there may be another way to decide on a destination?

We explore how the zodiac and your star sign can be a travel guide for you...

ARIES

21 March – 20 April

Aries like going on annual holidays, and time together with their families. They appreciate nature, and so active outdoor vacations suit. They want a period of time where they can enjoy sports like cycling, running, climbing sandwiched between downtime that offers things like picnics and barbecues. Holidays are a time when Aries is happy to let out its inner-child, so they will be happy to partake in games and having silly fun. Aries will spare no expense to have a good time.

Consider:

North America, UK and hilly locations in France & Italy.

TAURUS

21 April – 20 May

Taurus signs like familiarity, so won't mind going back to a previous destination time and again. They don't like too much physical exertion on holiday, they want to unwind and truly relax. Being comfortable is a high priority, as is having access to lovely dining options. They won't mind doing a bit of meandering on holiday, think landscaped gardens, antique shops, art and sculpture opportunities. Shopping is also high on their list, they are generous, so keep an eye on luggage allowances!

Consider:

Turkey, Spain, Cyprus or the Greek Islands.

GEMINI

21 May – 20 June

Geminis like luxury, but love a stimulating holiday with plenty of opportunities to meet new people, and a party or two would not go amiss! If you want them to sit still, you will have to give them a reason to do so. They like to be entertained and will want to keep their travelling companions amused, so expect to go everywhere at 100 miles an hour. They like to travel light, so they can go where the experience will take them. Guided holiday tours or even cruises can satisfy their need to have a packed itinerary and meet like-minded people.

Consider:

City breaks in places like Sardinia, Belgium, London and New York.

CANCER

21 June – 20 July

Cancer seeks a tranquil holiday, they want to enjoy some privacy and quiet time with their family. As a water sign, being close to water will make their destination even more perfect. They often like activities that focus on the water from swimming, fishing, diving to sailing. They also like to immerse themselves in local culture, visiting markets, art exhibitions and local restaurants. Shorter holidays often suit them more, as before long they are missing home.

Consider:

Venice, Amsterdam, Lake District, Canada or even the Caribbean.

LEO

21 July – 21 August

Leos do like glamour and luxury, but the success of the holiday will lie in them being in the centre of the action, with plenty of culture and arts. They like a lot of good dining options and places of entertainment like the theatre. They will want plenty of notice, so they have time to plan and shop for appropriate outfits. The travel method (avoiding economy if at all possible), and accommodation selection (4* and upwards), will be a major factor in the success of the holiday – but Leo will happily pay for these upgrades. Warm destinations are favoured.

Consider:

Paris, Barcelona, Rome and the French Riviera.

VIRGO

21 August – 22 September

Virgos like to research a holiday well, they are methodical by nature and like a well-planned trip, to ensure they see and do everything they want. They like spas, and other healthful activities like walking and yoga, so a retreat type holiday could suit. They will happily catch up on their reading, and like to observe and even learn new crafts. If a concert or theatre trip was included, that would be icing on the cake.

Consider:

Switzerland, Germany or the Eastern Mediterranean.

LIBRA

23 September – 22 October

Librans are of course romantic, and so like nothing more than a holiday with their partner, but equally are happy to travel with a group of close friends. They like their home comforts, so a holiday that provides a home away from home will suit best. They like beautiful landscapes, art, culture and good food. A holiday that provides a balance between activity and relaxing works well.

Consider:

French or Austrian alps, China, Vienna or even Hawaii.

SCORPIO

23 October - 21 November

Scorpios often do better when travelling alone, they are explorers and are drawn to exotic locations that offer plenty of opportunities to investigate and discover new things. An element of sport or thrill-seeking activity like snorkelling, white water rafting – or anything with a competitive element would be perfect. If they travel with others, short city breaks with plenty to see and do would work best.

Consider:

South Africa, Tibet, Norway or Morocco.

SAGITTARIUS

24 November – 21 December

Holidays with space and much to explore is the way to a Sagittarians heart, they want freedom and an ability to experience as much as possible. Self-driving holidays would be perfect allowing Sag to stop when wanted and cover as much ground as possible. They will be happy if some outdoor pursuits and sporting activity are included, but equally don't want to miss out on culture, they like to really get under the skin of the place they are visiting.

Consider:

America, Australia and India.

CAPRICORN

22 December – 21 January

Capricorns don't necessarily see holidays as a way to relax, but an opportunity for exploration, possibly in challenging environments. As such they may well suit organised holidays with an end goal, such as a mountain climb. If they are not doing a tour, then you can expect them to plan out their adventure well in advance, most likely to include some walking/climbing, local history, reading and museum visits.

Consider:

UK, Mexico, Pompeii or Athens.

AQUARIUS

22 January – 18 February

Aquarians are free-spirited beings, and like unique and often quirky holidays that go with their personality. They will often go where others have not heard of, or thought of as a holiday destination. They are casual travellers, and are not afraid to backpack where necessary, and will pick up local knowledge as they go, making friends easily. A sunbathing holiday would be a disaster for them – it's all about the adventure.

Consider:

Russia, Poland, Croatia or Scandinavia.

PISCES

19 February – 20 March

The Pisces star sign are the ultimate dreamers, and so spending their holidays somewhere they can relax and soak up the atmosphere is heaven to them. As water signs, coastlines are really attractive to them. Holidays that are special, magical and romantic are Pisces dream, think some water sports, some time alone, some culture – like a ballet or photography exhibit and a touch of luxury – and you've got it made.

Consider:

Cornwall, the Algarve, the Maldives or Vancouver Island.

L&L *Harness the Law of Attraction*

As most adults know, achieving happiness and being successful can be harder than it looks! But maybe it doesn't have to be as difficult as we imagine, what if we could harness the powers of the 'Law of Attraction', to enable our dreams into reality?

Dreams, goals, ambitions – however you want to label them are very unique to you as a person, and as such whether you achieve these lofty ideals is also up to you, no one else can make it happen for you!

Using the techniques within the Law of Attraction is not a short-cut, it takes dedication and attention to detail to make it work. But if the end result is your ambitions fulfilled and happiness attained, then you are probably more than ready to put in the work...

Now is the time to 'Think Big'!

It is okay to set a goal that could make a real change to your future, you don't have to start with something small. You want to choose something that will push you outside of your comfort zone.

Every day, you should visualise what it is you are trying to achieve. You should focus all of your energy on the task in hand. Even during periods of meditation, use the quiet time to meditate on your dream, until you get to the point that it is unthinkable that you would not realise your ambition.

Say 'No' to Negativity

At the core of Law of Attraction principles, is visualising yourself succeeding, being positive, and rejecting the idea that you might not achieve. If your mind is constantly cluttered with negative thoughts, and your normal mindset is I cannot do this, this won't happen for me etc, then this in itself can stop you from achieving your potential.

Of course, clearing your mind, being positive all of the time, deflecting negative thought patterns, and stopping bad habits, all takes time. Which is why harnessing the Law of Attraction is not a short-cut, it is something that has to be used mindfully, practised every day until the positive mind-set becomes your natural default position.

Accept Failure

This sounds like a negative principle to take on board, but really it is demonstrating that you may not achieve your dreams and goals straight away. There may be knock backs along the way, but you should accept this as part of the growing process and continue on your path. An obstacle placed in your way should merely be viewed as a juncture in your path. Choose the direction that is going to get you your dream.

Each day, set out to be better than you were yesterday, all of us will constantly evolve, will learn new things and will grow as an individual. Continuing to strengthen your abilities, listening to others, learning from your mistakes is all part of the journey.

Using the Law of Attraction principles is exciting and rewarding, don't be frightened by the concept, and don't put off until tomorrow what you could start today. Pick a goal that is personal to you, and get going!



Spirit Animals L&L

Spirit Animals are thought to go back thousands of years to indigenous and shamanic beliefs, sometimes they are also referred to as Totem Animals or Power Animals.

Spirit Animals act very much like Spirit Guides or Guardian Angels, in that they can have a significant impact on our day-to-day lives, and get us through the good and bad times.

Each person is thought to have at least one Spirit Animal looking over them and guiding them on life's journey, but some maybe lucky to have more than one animal spirit. It's possible also that different animals guide you at different stages of your life, depending on what sort of support and help you need at that time.

The Significance of Spirit Animals

It's possible that you have not yet found your Spirit Animal, but don't worry when the time is right, they will reveal themselves to you. Whether that is through sounds, thoughts or even through your dreams.

Dreaming about a certain animal, is one key way that important messages are delivered to you. If you take time to heed these messages and apply them to your own life situation, you will be rewarded with life changing outcomes.

Spirit Animals are there to provide meaning to our lives, especially at times when we are feeling low on wisdom and are stuck in situations we don't know how to get out of. They bring forth the power we hold within and provide guidance on how to use it to best effect.

In some cases, you may find that you harness the characteristics of your Spirit Animal, and that is what will get you through the rough patch, for example with a lion totem, you might show bravery and stand your ground and protect your family. If your animal totem was a unicorn, you might feel liberated by following a more unique path, by showing others it's okay to be who you are, even if that is different to others.

Discover Your Totem Animal

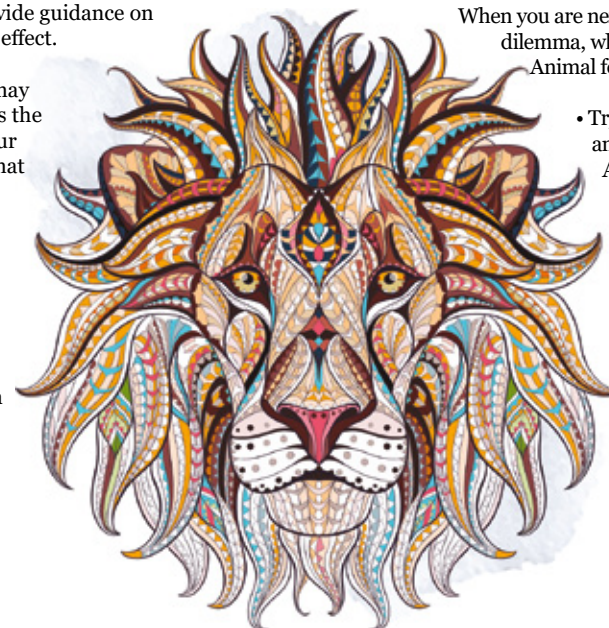
You may already have an inkling of certain animals that you have a special affinity with, these may very well be your Spirit Animal. If you are not sure, then you can try and discover which creature is your Power Animal.

- Explore nature, and see animals wherever possible in the wild.
- Meditate on your possible Animal Spirit and see what comes to mind.
- Have a reading with a psychic especially tuned to Spirit Animals and see if they can see your guardian animal.
- Learn about the different Animal Totems, and see what characteristics truly speak to your soul.

Spirit Animal Connections

When you are next struggling with a dilemma, why not call on your Spirit Animal for guidance?

- Try and harness the power and the strength that your Animal Spirit embodies.
- Don't be afraid to let go of old habits and embrace a new way of doing things.
- Take notice of when you feel the Spirit Animal's presence, when they are placed in your path, accept there is a reason – take note of what the universe is trying to advise you.
- Embrace the hope, love and comfort that Totem Animals can provide.





CIRCLE OF PROFESSIONAL CLAIRVOYANTS

PROFESSIONALISM EXPERIENCE INTEGRITY ABILITY

Est 1999

CREDIT OR DEBIT CARD

0800 156 0596

CALLS COST £32.95 FOR 20 MINUTES
£1.50 / MIN THEREAFTER

PAY VIA YOUR PHONE BILL

0906 111 4445

CALLS COST £1.50/MIN PLUS YOUR
PHONE COMPANYS ACCESS CHARGE

Hello

SPRING

www.psychicreadings.org.uk



EASY PAY GET FREE MINUTES!

Easy Pay
& Save Every Time

A 20 minute reading is only £30,
saving £2.95.

Plus 10% Bonus minutes
with every purchase of 40+ mins.



TEXT A PSYCHIC 84184

Text **Ask** then your question
to **84184**

Texts cost £1.50 per reply
+ standard text rate.

Max 3 replies, 18+ only.



EMAIL READINGS BY CHRYSTALYTE

Choose a Psychic or an
Astrological Reading

Send Chrystalte your 3 most
important questions.

Only **£39.95** per reading.