

A woman with her hair styled in intricate braids, looking directly at the camera with a serene expression. She is surrounded by a dense field of vibrant green grass. The background is dark, punctuated by soft, out-of-focus white bokeh lights. The overall mood is ethereal and natural.

Love & Light

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In this issue of Love & Light magazine, we are focusing on all forms of divination!

On this page we create a psychic glossary, helping you to untangle your clairaudience from your clairsentience and more. We then move on to forms of divination that have stood the test of time like I Ching and Astronomy and lastly we take a look at Tarot, which needs little introduction, but we explore how it can be helpful with relationship problems.

So here are some psychic terms that you may see described in our reader profiles and throughout our website with brief explanations of what they mean:

The **Akashic Records** sits on the astral plane and contains records of everything that has ever happened.

Chakras are energy points in the body; life force enters the aura through the chakra at the top of your head and filters down through the remaining 6 chakras. Each chakra has its own colour and is associated with your health and psychic function.

Clairaudient means the ability to hear noises and voices; this can be within the mind or as an external sound.

Claircognizant is to know things without being told.

Being **Clairsentient** allows an individual to tune in to a person's atmosphere, emotional or psychical state.

ESP meaning Extrasensory Perception: the ability to use none of the five senses and yet still perceive something.

Master Spirits are great teachers who have once lived on earth; they are also commonly referred to as Prophets or Ascended Masters.

Mediums act as intermediaries between a spirit and a living individual. They very often have Spirit Guides to help guide a soul through their many lives.

Precognition means that a person can determine something through psychic means; they know what is going to happen before it happens.

Psychometry uses touch to determine emotional history, normally a person presents an object that has some meaning to them and the psychic is able to tune in and gather information.

Remote Viewing describes when a person can observe another through psychic means without being there.

A **Soul-Mate** is someone you can have had lots of different types of relationship with, you will have known them through several lifetimes.

Telepathy uses the power of thought to connect with another person.



Divination Spectrum

through the ages there have been many different divination techniques, these methods have arrived from diverse cultures, at points in time they may have been feared, ridiculed and even tested by science.

Some of these modes of divining the future have made it in to modern times, and many of our psychic readers offer these practises as part of your reading should you choose.

is possibly one of the easiest areas for us to understand, in that most of us grown up aware of what our 'star sign' is, and will see horoscopes in the press from a young age. But it is a complex subject and perhaps one area that has more scientific basis than other methods of divination. A professional Astrologer, such as Chrystalte from The Circle of Professional Clairvoyants is able to determine much about you as a result of creating your birth chart. No one will have the same chart as you; your chart will show exactly where the stars were when you were brought in to this world. Some of this will influence how you have behaved in the past, what your life and relationships have been like and so on. If you have an e-mail reading with Chrystalte you will be able to ask the questions you need answers too, the charts symbolism will reveal the answers for you!



are like a divination alphabet, a set is normally made up of 24 or 25 stones, typically inscribed with Norse symbols. The ru from rune means secret mystery, the small tablets are considered to have magical abilities. No one really knows what each of the rune symbols originally meant, but the combination of vertical and diagonal lines on each stone now have standard interpretations for modern rune casting. But you do not have to accept these interpretations, when you get your own stones - you can meditate with each one and make your own decisions about what they mean to you. There are different spreads that can be carried out, but a simple place to start would be to focus on a question, pull a rune out of the bag at random and interpret the symbol.



Divination Spectrum

The I Ching dates back thousands of years; it is probably one of the best starting methods for someone honing their psychic abilities. I Ching in and itself does not exactly divine the future. But more it is used to guide the searcher to their own answers. Often in situations we will know the right thing to do, but for some reason we are hesitant, I Ching helps to allay any fears, leaving us clear on our forward path. The I Ching system is sometimes known as the Book of Changes, it consists of 64 interlinked hexagons, each with its own commentary. In order to decide on the hexagon, 3 coins are thrown three times. More than 4000 answers are possible when you take in to account the lines of hexagons. At the root of I Ching philosophy is yin and yang and the belief that there is no such thing as chance, only cause and effect!



is a great practise for those who have a more logical mind. The skill lends itself to the belief that the world is constructed mathematically and that the vibrations of places, objects and people can be expressed through numbers. Unique aspects of yourself such as your name, date of birth and place of birth are reduced to number format, so that your destiny can be determined. The Greek mathematician and philosopher 'Pythagoras' said "The world is built upon the power of numbers," he believed that the numbers one to nine represented the stages of life people follow. By connecting people and numbers, a prediction could be made as to their fate.



is one of the oldest forms of divination, but perhaps is the one also open to the most ridicule. Very few of us will not have encountered the practise in some negative way - be it portrayed in a movie or TV programme, as a gypsy just reading love lines...But in reality the skills goes much deeper than that. Evidence of Palmistry or Chiromancy as it is sometimes known was found in ancient China around 3000 BC. Broadly speaking the method looks at the shape of the hands and fingers as well as the mounds on the palms and the lines. Just like your DNA, your palm is unique to you - no one's lines will follow the same pattern. All of the markings will tell a story about your life, observations about your artistic or physical talents can be made, alongside your health, your likely life span, how lucky you will be, you're romantic life, your finances, your intelligence, emotions, intuition and more...



If you would like to experience a reading using one of the above skills, then why not peruse our reader profiles and then choose the right psychic for you:
www.psychicreadings.org.uk/psychic-readers

Tarot

The Tarot dates back more than six hundred years; the deck is made up of 78 cards - 22 are in the Major Arcana and 56 are in the Minor Arcana. Tarot has long been associated with esoteric interest; when the cards are shuffled and dealt in to a spread they become open to psychological interpretation and are used as a method of divination.



The history of Tarot's development is sketchy, but broadly speaking people believe it developed in the 15th century in Italy. At that time it is likely it was a simple card game, played with a normal pack of cards with extra cards added to form 'trump cards', which later would become the Major Arcana. It probably wasn't until the 18th century in France that the Tarot cards role as a method of divination was advertised. But by the 19th century it was well and truly formed as part of mystical beliefs.

In 1909 when the most notable deck (Rider-Waite) was produced a psychological element was introduced. Carl Jung a Swiss psychologist was interested in the Tarot and he identified many aspects of the Major Arcana as types of transformation.

The illustrations of the early cards were taken from alchemy, mythology and astrology. Throughout the 20th century the concept and designs have grown rapidly. You can get classic decks, those based on history, esoteric ideas or even fairies.

Interestingly Tarot is a form of divination that can be performed by a person for themselves, but equally a reading can be done for another individual. Technically there is no limit to how many times cards can be read, but continuous readings are likely to eventually lead to confusing messages.

The cards are shuffled before a reading to align with the energy of the person seeking the reading as well as to mix the cards. Whilst this is happening the question they want to ask should be at the forefront of their mind. Then the cards are laid down, this could be in a specific pattern - known as a spread. The cards can be drawn from the top of the deck (face down) or drawn at random.

The Major Arcana cards in the deck will always be fully illustrated, generally it is accepted that they depict our journey through life. The order of the cards can vary from pack to pack depending on the esoteric beliefs of those that designed them.

The Minor Arcana may be illustrated, but in some packs they will just be depicted by the symbols of

the suit they belong to. The 56 cards are divided in to 4 groups: Wands, Pentacles, Swords and Cups. Similar to normal playing cards, there are numbered cards from Ace to Ten and then Court Cards - King, Queen, Knight and Page. The Minor Arcana deals with the people we meet in our lives as well as the situation we will encounter on a day to day basis.

It is possible to have a Tarot reading with just one card, but many involve multiple cards, such as the 21-card Bohemian spread or the 10-card Celtic Cross spread. Whatever the case, the cards are laid in a specific pattern; each card within the pattern will have a special meaning. Some spreads will have a card called the significator; this represents the person the reading is being done for. If cards are reversed when drawn then some readers consider that to have special meaning, but others will ignore the reversed state and only consider the card. The reader will interpret the card and its position within the spread to answers the questions that the person has. A great deal of practise and skill is needed to correctly read the cards.

Many people that phone The Circle of Professional Clairvoyants want to ask questions regarding love and relationships. Perhaps you want to know if the relationship will last, or if you are truly right for each other...Senior Reader Paul (PIN: 7135) has been consulting the Tarot for over forty years and would be happy to answer your questions. Equally Senior Reader Jacqui (PIN: 7108) uses Tarot and believes it can be 'wonderful tool of enlighten when respected and used in the proper manner'.

You don't necessarily need a complicated spread to seek answers about your love life. Why not try a five card spread to bring you the answers you need. You can ask one of our readers to do this for you, or try it at home. Shuffle a deck until you feel the cards are ready to answer you, cut the pile in to three decks with your left hand. Take five cards from one of the piles. Lay them in any pattern that

feels right to you and then interpret them.

The first card is all about you! What do you bring to the relationships, what do you have to offer the other person in terms of spiritual growth, but also how does the other person see you and what you have to offer.

As you might expect card two is similar to one, but in reverse - so what the other person is bringing to the table in terms of your romantic partnerships. Will they give you the love, support and spiritual growth that you need to flourish.

The third card is probably the most important in this spread, it looks at the harmony of the relationship - do you work/gel together, will the union be a happy one...Do you have an emotional future with this person and what difficulties will you have to face up to.

Card four again looks in reverse at things from your partners perspective, can you give them what they are seeking from the relationship. Are there any historical emotional problems, past relationships and life baggage that will prevent you moving forward with this person.

Lastly card five deals with longevity, the question most of us want to ask - are they the one, will we spend our lives together? If a negative card is produced here, there is a tendency to read that it means the relationship will not make it in the long-term. This is not necessarily the case, but it probably does mean that there are issues to work through to guarantee a happy ending.

Whatever the spread says, it is important to remember that many people will come in to our lives, whilst we walk on this earth plane, some are meant to just be friends, others are meant to teach us something and then move on and then there are those that we should be with forever. Keep an open mind and an open heart.





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